

6/29/2021

Angela,

Hi, I hope things are going well for you. I am writing to you to discuss Dalilah and some other things I have to request from you to benefit all of us. I hope you can remain open to what I have to say.

As you know, Dalilah has been in drug treatment in Wyoming. As you know, Dalilah has also been going to extensive therapy for almost 4 months now. You may not know but my wife and I have also been going to therapy as well. We chose to do what would be best for Dalilah and what would help all of us as a family.

Dalilah has made tremendous progress within her treatment, therapy and rehabilitation. Dalilah is very aware of her triggers, has learned coping mechanisms and has gained so much from this program. She is very aware as to why she was abusing drugs, very aware the people around her weren't good influences and so much more. When I tell you she has really become self aware, very self confident; would be an understatement. She exhibits so much joy, happiness, and self fulfillment.

Upon Dalilah's discharge she would like to communicate with you via letter. So, I can scan and email or snail mail that to you. Whichever you prefer.

During therapy we were all asked to set boundaries with the people in our lives. I have been very concerned for the wellbeing of Dalilah and want to help her anyway I can...so I am sending you this letter to further benefit Dalilah and I's therapeutic process.

Dalilah has established her boundaries, individually for me and my wife. She will be expressing to you what she needs from you, next. I hope that you can take some time to really understand where she is coming from. Being vulnerable and open to someone is quite intimidating but she's anxious to move forward. What she is asking from us isn't hard, but it will be if you don't take her needs seriously. Dalilah's mental health isn't a game or a toy...this is the hardest process she has ever had to experience by herself but she is doing it and I couldn't be more proud of her.

Let's talk about some of my own boundaries and what I am asking from you are the following:

- Therapy is what will benefit Dalilah the most because it has helped us better understand exactly what she's going through. I would encourage you to also take therapy into consideration to see therapy as a resolution.
- Be genuine when demonstrating your understanding, patience and kindness to Dalilah when she's ready to reach out to you.
- Please remove Dalilah, myself, my family, my wife and anyone else's picture and story you have created. Dalilah will be extremely affected by yours and my actions right now and it will affect her for the rest of her life.
- Any future communication with Dalilah will be monitored and documented in great detail for the court, attorney's, my own personal records and our therapy.

- Any future communication with Dalilah, do not speak of negativity, drama, gossip, your criminal charges, or any triggering topics. This includes using people/places/things as a manipulation to alter her healing progress and rehabilitation.
- No talking about drug use, alcohol, or anything to do with illegal practices.
- Give Dalilah respect by attentively listening.
- Do not invalidate her feelings.
- Please stop giving my phone number, social media, address, place of employment to random unimportant people that have nothing to do with my life or Dalilah's life.
- Refrain from using our pictures to maliciously attack me and my family.
- Focus on bettering yourself and evaluating who you are associating yourself with.

I would also like to talk to you about the \$8,550 out of pocket costs that my health insurance would not cover for Dalilah's Children's Hospital stay, of 23 days, and the drug treatment facility in Wyoming, we're at 3 months now.

I would appreciate your help in paying those & seeing how all out of pocket medical costs are described and notated within the court order as 50/50. Dalilah also has medication out of pocket costs; as well as, all her future therapy visits. This has been extremely costly.

Dalilah really needs her clothes, make-up, jewelry and other things back from you, please. I know she would greatly appreciate your effort in getting those to her and it would mean so much to her to have her belongings.

I hope you take my letter seriously because I am not your enemy or competition. I am simply trying to co-parent. I am Dalilah's Father. That's who I am, who I have been. I am her Father and that will never change. I will continue to do what is best for Dalilah because I care and I have her best interests at heart.

I hope you can remain open, accepting and honest to benefit our daughter. I appreciate you taking time to read this.

Sincerely,

James